Try This!

Turn off the TV, Video Games and the Computer

Reading
Building blocks
Crafts: paper chains, making holiday decorations
Homemade play dough
Puzzles
Bubbles
Pillow forts
Obstacle course
Hide and seek
Hop scotch (outside using chalk or inside using masking tape on the floor)
Bean bag toss
Bowling (using plastic cups or empty water bottles)
Milk jug catch (cut off the bottoms of 2 or more empty milk gallon containers, and use to play catch with a sock or duct tape ball)
Dancing (the hokie pokie, ring around the rosie or to kid friendly music)
Go for a walk
Rake leaves
Jump rope
Garden
Go to the park or the library
Go for a picnic
Play board games
Have a parade
Make a tent out of blankets and go “camping”
Play “dress up”
Draw a picture