Zobey and Zowzoo DVDs

*The Adventures of Zobey—Jungle Jive DVD*

*ZowZoo DVD*

*The Adventures of Zobey—Searching for a Rainbow DVD*

Suggested Ways to Use Zobey and Zowzoo DVDs and Materials

1. Use as part of a group class for low risk nutrition education
2. Show DVD in waiting room or lobby areas and encourage children to join in the dances and movements.
3. Offer snacks and healthy drinks as part of an interactive nutrition education center and use the DVDs, recipes and handouts as support materials to the display messages.
4. Offer a copy of the DVD to families as part of counseling sessions about increasing physical activity and use of healthy snacks.
5. Use DVD and resource materials as part of a health fair or large activity for WIC clients.