Baby’s Sleeping: Let’s Guess

How many times, during the night, do you think babies wake up at each age:

1 month ____
2 months ____
6 months ____

What are the two types of sleep?

Why is it important for your newborn baby to wake up at night?

If you lay your baby down when he/she is in _____ sleep, your baby will be less likely to wake up right away.