Hunger Cues

For each picture on the Early, Mid or Late Hunger Cues page, circle below what type of hunger cue the baby is showing. Is it an early, mid or late hunger cue?

Picture #1: Early hunger cue  Mid hunger cue  Late hunger cue
Picture #2: Early hunger cue  Mid hunger cue  Late hunger cue
Picture #3: Early hunger cue  Mid hunger cue  Late hunger cue
Picture #4: Early hunger cue  Mid hunger cue  Late hunger cue
Picture #5: Early hunger cue  Mid hunger cue  Late hunger cue
Picture #6: Early hunger cue  Mid hunger cue  Late hunger cue

We hope you have discovered a few secrets today to help you better understand your baby.

What is one thing you will try to do with your baby, based on what you learned today? Write your answer below.

___________________________________________________________________
___________________________________________________________________
___________________________________________________________________
___________________________________________________________________

Did you know?

• A baby can recognize the smell and voice of its mother at birth. It takes a few weeks before a baby can see the difference between its mother and other adults.
• A baby’s eyes are 75% of their adult size, but its vision is around 20/400. By six months, a baby’s vision should reach 20/20.
• New babies prefer looking at a drawing of a face rather than a random pattern, and they prefer smiling faces to grumpy ones.

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