Is My Baby Hungry?

Newborn babies have to be fed often because their stomachs are very small and can’t hold much at a time. As your baby gets older his stomach gets a little bigger.

Your baby gives you clues (cues) to tell you what he needs. It takes practice to read these cues. Hungry babies will do many things to tell you they are hungry. Crying won’t always mean your baby is hungry. We will look at the cues your baby may give when he is hungry and when he is full.