Written Evaluation Template with Definitions

Title: The title of the lesson being evaluated

Client’s Name: The client for whom the nutrition education is being provided

The evaluation should consist of questions which:

a. Evaluate learning that has taken place because of the nutrition education provided.
b. Explores behavior change that may take place because of the nutrition education.
c. Determines if additional information or counseling are needed.

Examples of these types of questions follow.

2. Name two things that you learned from the lesson today:

   a.

   b.

3. What is one thing that you will try to do/change based on what you learned today?

4. Would you like to talk to a dietitian or nurse about any of the material you saw today?