My Baby is Crying, How Can I Help?

If my baby is crying, does that mean he/she is hungry?

_______ Yes  _______ No  _______ Maybe

List some reasons your baby might be crying.
______________________________________________________________________
______________________________________________________________________
______________________________________________________________________

List some ideas for soothing your crying baby.
______________________________________________________________________
______________________________________________________________________
______________________________________________________________________

If my baby is crying, will I spoil him/her if I pick him/her up?

__________ Yes  __________ No

My baby will cry less as he/she gets ____________________ .

We hope you have learned a little bit more about why your baby might cry and how you might help.

What is one thing you will try to do with your baby, based on what you learned today? Write your answer below.
______________________________________________________________________
______________________________________________________________________
______________________________________________________________________
______________________________________________________________________

Did you know?

• 80% of babies are born with some form of birthmark.
• At about 6 months babies double their birth weight. By one year most babies have tripled their birth weight.